



Dealing with Infectious Diseases

National Quality Standards

Area 2 - Children's Health and Safety

Standard 2.1 - Health

Elements:

2.1.2: Health practices and procedures

Effective illness and injury management and hygiene practices are promoted and implemented.

Children (Education and Care Services) National Regulations (2011 SI 653):

Reg. 77	Health, hygiene and safe food practices
Reg. 85	Incident, injury, trauma and illness policies and procedures
Reg. 86	Notification to parents of incident, injury, trauma and illness
Reg. 87	Incident, injury, trauma and illness record
Reg. 88	Infectious diseases
Reg. 106	Laundry and hygiene facilities
Reg. 109	Toilet and hygiene facilities

Related Policies:

- Providing a child safe environment
- Administration of first aid

Policy Statement:

Adventure OSHC will provide a safe and hygienic environment that will promote the health and wellbeing of all children (**"My Time, Our Place" Outcome 3**).

Purpose:

We will take all reasonable steps to prevent and manage the spread of infectious diseases through the implementation of procedures that are consistent with guidelines of State Health Authorities.



Scope:

This policy applies to the Centre Co-Ordinator, Responsible Person, Educators, families, children and the OSHC Manager.

Implementation:

Prevention:

- Universal precautions will be consistently applied across Service practices to ensure prevention of the spread of infections is effective.
- A regularly updated copy of the Department of Health guidelines on infectious diseases will be kept at the service for reference by Educators, management and families.
- If a child is showing symptoms of an infectious disease whilst at home, families are not permitted to bring the child to the Service. Children who appear unwell when being signed in by their family will not be permitted to stay at the Service.
- Hand washing will be practised by all Educators and children upon entering the service, before preparing or eating food, and after all dirty tasks such as toileting, cleaning up any items, wiping a nose, before and after administering first aid, playing outside, or handling an animal. In addition, educators will wash their hands before leaving the service.
- All toilet facilities will have access to a basin or sink with running hot and cold water, soap and drying facilities i.e.: paper towel, hand dryer for washing and drying hands.
- Women and girls will have access to proper feminine hygiene disposal.
- Soap and paper towels will also be available in the kitchen area.
- All toilets, hand basins and kitchen facilities used by the Service will be cleaned and sanitised daily. General surfaces will be cleaned with detergent during the session if needed and at the end of each day and all contaminated surfaces will be disinfected.
- Toys will be washed, cleaned and disinfected on a regular basis with material items such as dress ups and cushion covers laundered as required, but a minimum of quarterly.
- Educators will maintain and model appropriate hygiene practices and encourage the children to adopt effective hygiene practices. As part of children taking increasing responsibility for their own health and physical wellbeing, Educators will positively acknowledge children who are modelling hygiene practices.
- Informal education for the children in proper hygiene practices will be conducted on a regular basis, either individually or as a group through conversations, planned experiences, inclusion in service routines and reminders. Health and hygiene practices will be highlighted to parents, and where appropriate, information sheets or posters will be used by Educators to support these practices.
- Educators will aim to provide a non-judgmental approach to differences in hygiene practices and standards between families in order to support children's developing sense of identity. Where practices differ to standards expected in the Service,



Educators are to remind children that these are practices to be followed in the Service but they may be different for them at home.

- All Educators will be advised upon appointment to the position to maintain their immunity to common childhood diseases, tetanus and Hepatitis B through immunisation with their local health professional

Management of Infectious Diseases:

- Children and Educators with infectious diseases will be excluded from the Service for the period recommended by the Department of Health.
- Where there is an outbreak of an infectious disease, each enrolled child's family/emergency contact will be notified within 24 hours via a notice, email or phone call under ordinary circumstances. The Service will maintain confidentiality when issuing the notification and ensure it is not prejudicial or identifies any children.
- In the event of an outbreak of vaccine-preventable disease at the Service or school attended by children at Service, parents of children not immunised will be required to stay at home for the duration of the outbreak for their own protection.
- If a child develops symptoms of a possible infectious disease whilst at the Service, their family will be contacted to take the child home. Where they are not available, emergency contacts will be called to ensure the child is removed from the service promptly. An Incident, injury, Illness and Trauma form will be completed.
- All Educators dealing with open sores, cuts and bodily fluids shall wear disposable gloves and practice universal precautions.
- Educators with cuts, open wounds or skin diseases such as dermatitis should cover their wounds and wear disposable gloves.
- Disposable gloves will be properly and safely discarded, and Educators are to wash their hands after doing so.
- If a child has an open wound it will be covered with a waterproof dressing and securely attached.
- If bodily fluids or blood gets on the skin but there is no cut or puncture, wash away with hot soapy water.
- In the event of exposure through cuts or chapped skin, promptly wash away the fluid, encourage bleeding and wash in cold or tepid soapy water.
- In the event of exposure to the mouth, promptly spit it out and rinse mouth with water several times.
- In the event of exposure to the eyes, promptly rinse gently with cold or tepid tap water or saline solution.
- In the event of having to perform CPR, disposable sterile mouth masks are to be used if available. The staff person in charge of the first aid kit will ensure that a mask is available in the kit at all times.
- Any exposure should be reported to the Coordinator/Responsible Person and the OSHC Manager to ensure proper follow up procedures occur.



- When assisting children with toileting and nappy changing, Educators will ensure that they wear gloves and wash their hands afterwards. They will also encourage the child to wash their hands.
- Educators will consider the resources they are using when assisting school age children with toileting to ensure they are age appropriate and ensure privacy for the child and ease of use.
- Any soiled clothing shall be handled using disposable gloves and be placed in a sealed plastic bag for the parents to take home for laundering. The Service will never rinse soiled clothing.
- **Educators will communicate with parents regarding soiled clothing by ensuring that the child is occupied and not in ear shot, and that the soiled clothing bag is not on display for the child to see. Educators will notify parents respectfully that their child has had an accident, and that this has been dealt with appropriately and that the clothing has been stored in a sealed bag for the family to take home and wash.**
- Any blood or bodily fluid spills will be cleaned up immediately, using gloves and fully disinfecting the area. Cloths used in cleaning will be wrapped in plastic bags and properly disposed of according to current infection control guidelines.
- Payment of fees will be required for children during an outbreak of a vaccine-preventable disease, unless other arrangements discussed and agreed to by management have been made.
- The Coordinator/Responsible Person will follow the recommendations as outlined by the Health Department.
- The decision to exclude or re-admit a child or Educator will be the responsibility of the Coordinator/Responsible Person and will be based on the child's symptoms, medical advice and Department of Health guidelines for children who have an infectious disease or who have been exposed to an infectious disease.
- The Service has the right to refuse access if there are valid concerns about the child's health.
- Children and Educators with diarrhoea will be excluded for 24 hours after the symptoms have disappeared, or after a normal stool.
- A doctor's clearance certificate will be required for all infectious diseases such as measles, mumps diphtheria, hepatitis A, polio, tuberculosis, typhoid, and paratyphoid before returning to the Service.

Reportable Diseases:

The Service will notify their local Public Health Unit (PHU) if any child or Educator contracts a vaccine-preventable disease.

Under the NSW Public Health Act 2010, the Service must notify the following 9 vaccine preventable diseases to the local public health unit by phoning 1300 066 055:

- Diphtheria
- Haemophilus influenzae type b (Hib)
- Measles
- Meningococcal C



- Mumps
 - Pertussis (whooping cough)
 - Poliomyelitis
 - Rubella
 - Tetanus.
-
- Responsible Persons will be encouraged to seek advice from their PHU when they suspect an infection disease outbreak is affecting their Centre, such as outbreak of gastrointestinal or respiratory illness.
 - The PHU may need to review the Centre's immunisation register to determine which children are at risk from the outbreak.
 - Following assessment of the situation, the public health officer may instruct the Centre Co-Ordinator to exclude certain children for a period of time or provide advice regarding preventive measures.

Sources:

- Education and Care Services National Regulations (2011 SI 653)
- National Quality Standards
- ACECQA Dealing with infectious diseases policy guidelines

Version control created	10 April 2021
Reviewed	11 March 2022 - No changes
Reviewed	2 February 2023 - Minor changes (format, business name change)
Reviewed	11 September 2023 - Minor changes (formatting), related policies added
Next review	September 2024